

Last Update April 17,2017

Final

FRIDAY, May 12 TIME	EVENT	# OF SWIMMERS
9:00 – 9:30	Coaches Meeting	Lower MPR Room
9:30 – 10:00	General Warm Up	
10:00 – 10:20	Warm Up Solo	(1) 8U (7) 9&10 (2) SSWCD L1, L2
10:20 – 11:00	8U, 9 & 10, & SSWCD Solo Event	
11:00 - 11:20	Warm Up Solo	11-12 (9)
11:20 - 11:45	11 -12 Solo Event	
11:45 - 12:05	Warm Up Solo	(13) 13 – 15
12:05 - 1:00	13 – 15 Solo Event	
1:00 – 1:20	Warm Up Solo	(10) 16 – 18 & (1) Master Tech
1:20 - 2:05	16 – 18 Solo Event	
2:05 - 2:20	BREAK	
2:20 – 2:40	Warm Up Duet	(1)8 &U (1) 9 & 10 (1) Novice
2::40 – 3:05	8 &U, 10 &U Novice Duet Event	
3:05 - 3:25	Warm-up Duet	(13) 11 &12
3:25 - 4:15	11 – 12 Duet Event	
4:15 - 4:35	Warm Up Duet	(9) 13 - 15
4:35 - 5:20	13 – 15 Duet Event	
5:20 - 5:40	Warm Up Duet	(10)16 – 18 (2) Masters Tech Duet
5:40 - 6:25	16 – 18, Masters Tech Duet Event	

SATURDAY, May 13 TIME	EVENT	# OF SWIMMERS
<b>7:30 – 8:00</b>	Warm – Up GENERAL	
<b>8:00 - 8:20</b>	Warm – Up Masters Team	(1) Masters Team Tech
<b>8:20 – 8:25</b>	Masters Team Tech Event	
<b>8:25 – 8:45</b>	Warm – Up Figures	(32)9 – 10 (32)16 - 18
<b>8:45 – 10:10</b>	Figures Event	
<b>10:10 – 10:30</b>	Warm – Up Figures	(67)13 - 15
<b>10:30 – 12:10</b>	Figures Event	
<b>12:10 - 12:30</b>	BREAK	Open Pool
<b>12:30 – 12:50</b>	Warm- Up Figures	(59) 11 – 12 (35) Novice
<b>12:50 – 2:45</b>	Figures Event	
<b>2:45 – 3:05</b>	Warm Up	(7)8 & U (2) SSWCD
<b>3:05 – 3:35</b>	Figures Event	
<b>3:35 – 3:45</b>	BREAK	
<b>3:45 – 4:05</b>	Warm – Up Masters Duet Free	(1) Masters Duet Free
<b>4:05 – 4:10</b>	Masters Duet Event	
<b>4:15 – 4:40</b>	Figures/Solo/Duet Awards	
<b>6 :00 – 9 :00</b>	Banquet	Holiday Inn Airport Polo Park

Sunday, May 14 TIME	EVENT	# OF SWIMMERS
<b>8:00 – 8:20</b>	Open Pool	
<b>8:20 – 8:40</b>	Warm – Up 13-15 Combo Masters Team Free	(1) Combo (1) Team
<b>8:40 – 8:50</b>	13-15 Combo & Masters Team Event	
<b>8:50– 9:10</b>	Warm – Up General	
<b>9:10 – 9:30</b>	Team Warm - Up	(1)10&U Trio (5)10U (2) Novice (2)16-18 Trio (2)16-18Team
<b>9:30 – 10:25</b>	Team Event	
<b>10:25 – 10:45</b>	Warm – Up Team	(11)11 - 12
<b>10:45 – 11:25</b>	Team Event	
<b>11:25 - 11:45</b>	Warm – Up Team	(11)13-15
<b>11:45 – 12:35</b>	Team Event	
<b>12:45 –1:05</b>	Awards-Trios Team Combo Masters Solo Team Free	

\*\*\*Please note - if the competition is running ahead of schedule all competitors should be available to swim earlier than scheduled, we will not go more than 30 minutes ahead of schedule.